

Information sheet for the course Physical Education VI.

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: TVP6/e	Course unit title: Physical Education VI.
Type of course unit: <i>optional</i>	
Planned types, learning activities and teaching methods: <i>Seminar: 2 hours weekly/26 hours per semester of study; full-time</i>	
Number of credits: 1	
Recommended semester: <i>6th semester in the 3rd year (part-time)</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: <i>none</i>	
<p>Assessment methods:</p> <p>To obtain credit for the course (50 points), a student must:</p> <ul style="list-style-type: none"> - Be actively present in the course's practical exercises. Students are allowed two (2) free unexcused absences. - Acquire skill: to demonstrate play activities of an individual, play combination in ice hockey (40 points). - Be actively present at sports tournaments (10 points). <p>To obtain A, a student must score minimum 47, to obtain B a student must score minimum 43, to obtain C, a student must score minimum 43, to obtain D, a student must score 39, and to obtain E, a student must score 35. The credits are not granted to the students whose grade point average is 34 or lower.</p>	
<p>Learning outcomes of the course unit:</p> <p>A student after the successful completion of the course Physical Education VI. (Hockey and ice-skating) masters practical skills of play activities and play combinations in hockey. A student also acquires theoretical knowledge within the field of methodology, didactics and policy of hockey playing. A student knows the offensive and defensive activities in hockey and is able to apply them during the play. A student reaches higher level of acquired skills depending on entry level. He or she strengthens his/her attitude to sports games and healthy lifestyle.</p>	
<p>Course contents:</p> <ol style="list-style-type: none"> 1. Diagnostics of current play activities of an individual in hockey, differentiation according to the current performance. 2. Mastering basic skills in hockey depending on group assignment. 3. Improving and expanding basic skills in hockey. 4. Sports games - Game activities defensive. 5. Sports games – Game activities assault. 6. Special warming in hockey. 7. Practicing defensive game combinations in hockey. 8. Practising assault game combinations in hockey. 9. Participation in the tournament and the tournament organization. 10. Diagnosis of acquired skills and competences. 	
<p>Recommended of required reading:</p> <ol style="list-style-type: none"> 1. PAVLIŠ, Z., PERIČ, T. 2003. Abeceda hokejového bruslení. Český svaz ledního hokeje. 2003, ISBN 80-900188-8-2. 2. ČECH, P., JUNGER, L. 2012. Úroveň posturálnej stability v dôsledku zmeny pozície v stoji. In: Suchý, J. a kol. 2012. Sciencia Movens, Sborník příspěvků z mezinárodní studentské konference, FTVS UK Praha, 2012, ISBN 978-80-86317-92-2. 	

3. STAMM, L. 2001. Laura Stamm's power skating (3rd edition). Human Kinetics: Champaign. 2001, ISBN-13: 978-0-7360-3735-8.
4. BUKAČ, L., DOVALIL, J. 1990. Lední hokej. Praha: Olympia, 1990, ISBN 80-7033-024-4.

Language: Slovak

Remarks:

Evaluation history:

A	B	C	D	E	FX

Lectures:

PaedDr. Lubomír Král, PhD.

PaedDr.,PhDr. PhDr. Tatiana Nevolná, PhD.

PaedDr. Iveta Petříková Rosinová, PhD.,MHA.

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