

## Information sheet for the course Health Protection

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>	
<b>Faculty:</b> <i>Faculty of Health Care</i>	
<b>Course unit code:</b> OchZdr/e	<b>Course unit title:</b> Health Protection
<b>Type of course unit:</b> <i>compulsory</i>	
<b>Planned types, learning activities and teaching methods:</b> <i>Lecture: 2 hours weekly/26 hours per semester of study; full-time</i>	
<b>Number of credits:</b> 2	
<b>Recommended semester:</b> <i>1<sup>st</sup> semester in the 1<sup>st</sup> year (part-time)</i>	
<b>Degree of study:</b> <i>I (bachelor)</i>	
<b>Course prerequisites:</b> none	
<b>Assessment methods:</b> The student will acquire 50 points per semester: - To prepare essay on the topic of health protection (20 points) - Oral examination (30 points) To achieve A, at least 48 points have to be obtained, to achieve B, at least 44 points have to be obtained, to achieve C, at least 41 points have to be obtained, to achieve D, at least 38 points have to be obtained and to achieve E, at least 35 points have to be obtained.	
<b>Learning outcomes of the course unit:</b> The core of the student's knowledge is theoretical and practical knowledge of the external and internal factors affecting human body, their removal alternatively elimination when exposed to it them.	
<b>Course contents:</b> 1. The beginnings of protection and care for the health of the population. 2. Establishment and development of hygiene. The legal basis for the creation of hygiene - Law no. 4/1952 Coll. of hygiene and anti-epidemic care. 3. Health protection from physical, chemical and biological factors in living and working environments. 4. Health protection against the effects of internal factors on the human body - disorders of genetic information, immune disorders, aging. 5. Health protection - an integral part of the policy of protection of public health. The ratification of the Maastricht Treaty - December 1993, Article 129. Strengthening the ratification of the Treaty of Amsterdam Treaty - May 1999 Article 152nd 6. The legal system of the Slovak Republic on Health (Law 272/1994 Coll; 126/2006 Coll; 355/2007). 7. The issues of health through the food chain - Act No. 152/1995 Coll SR Food, implementing legislation - Codex Alimentarius. 8. Protection of human health against addiction to tobacco, protection against the harmful effects of smoking. Law no. 377/2004 Z.z. the protection of non-smokers. 9. The role of the state in health protection - National Health Promotion Programme; State Health Policy Concept; State Family Policy; The strategy, policies and priorities of environmental policy; Action Plan for Environment and Health. 10. Environmental health, quality and environmental protection. 11. Protection of youth health. Protecting the environment for optimal child development. 12. The health risks and health protection of school children. 13. System of health protection of children with health care providers.	
<b>Recommended of required reading:</b>	

1. ROVNÝ,I. a kol.: *Hygiena I.* Osveta, Martin, 1998
2. ROVNÝ,I. a kol.: *Hygiena II.* Osveta, Martin, 1998, s.287
3. ROVNÝ,I. a kol.: *Hygiena III.* Osveta, Martin, 1998
4. ROVNÝ, I.: *Verejné zdravotníctvo.* Herba, Bratislava, 2009, ISBN 978-80-89171-60-6, s.128
5. HEGYI,L a kol.: *Základ verejného zdravotníctva.* Herba, Bratislava, 2011, ISBN 978-80-89171-84-2, s.288
6. JANEČKOVÁ, H., HNILICOVÁ, H.: *Úvod do verejného zdravotníctví.* Portál, Praha, 2009, ISBN 978-80-7367-592-9, s.296
7. SLÁDEK, J., a kol.: *Verejné zdravotníctvo – hygienická a protiepidemická starostlivosť na Slovensku 60 rokov,* ESPRINT, Banská Bystrica, 2012, ISBN 978-80-967635-3-5, s.207
8. Maastrichtská a Amsterdamská zmluva – Európsky parlament.

**Language:** Slovak

**Remarks:**

**Evaluation history:** *Number of evaluated students*

A	B	C	D	E	FX

**Lectures:** MUDr. Věra Dobiášová, PhD. MPH.

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**Supervisor:** doc. MUDr. Mária Štefkovičová, PhD. MPH.