

## Information sheet for the course Fundamentals of Basal Stimulation II.

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>	
<b>Faculty:</b> <i>Faculty of Health Care</i>	
<b>Course unit code:</b> ZBS2/e	<b>Course unit title:</b> Fundamentals of Basal Stimulation II.
<b>Type of course unit:</b> <i>optional</i>	
<b>Planned types, learning activities and teaching methods:</b> <i>Seminar: 1 hour weekly/13 hours per semester of study; full-time</i>	
<b>Number of credits:</b> 1	
<b>Recommended semester:</b> <i>4<sup>th</sup> semester in the 2<sup>nd</sup> year / 6<sup>th</sup> semester in the 3<sup>rd</sup> year ( part-time)</i>	
<b>Degree of study:</b> <i>I (bachelor)</i>	
<b>Course prerequisites:</b> Fundamentals of Basal Stimulation I.	
<b>Assessment methods:</b> <i>100 points</i>	
Terms of completing the course	
<b>Activities</b>	<b>Number of points</b>
Written test examination	100
<b>total</b>	100
<i>Score</i>	
100 - 94 %	A
93 - 88 %	B
87 - 82 %	C
81 - 76 %	D
75 - 70 %	E
69 - 0 %	FX
<b>Results of the education:</b> A student will acquire information about extensional elements of the Basal Stimulation concept, understand them and their purpose for providing structured nursing care. The student can apply extensional elements of the concept into a nursing care with the goal of providing quality nursing care.	
<b>Outline of the course:</b>	
<ol style="list-style-type: none"> <li>1. Elements of extensional stimulation in the Basal Stimulation concept.</li> <li>2. Optical stimulation. Visual perceptions and their purpose in human life. Visual impulses in health-care facilities.</li> <li>3. Principles of optical stimulation. Possibilities of optical stimulation of individual categories of patients on the basis of biographical anamnesis.</li> <li>4. Auditive stimulation. Principles of auditive stimulation.</li> <li>5. Missions and goals of auditive stimulation. The application of auditive stimulation of patients on the basis of individual specifics.</li> <li>6. Oral stimulation.</li> <li>7. Possibilities of oral stimulation of individual categories of patients on the basis of biographical anamnesis.</li> <li>8. Oral stimulation training.</li> <li>9. Olfactory stimulation. Olfactory perceptions and their purpose in the Basal Stimulation concept.</li> <li>10. Application of olfactory stimulation of individual categories of patients on the basis of biographic anamnesis.</li> </ol>	

11. The purpose and use of tactile-haptic stimulation in a nursing care.
12. Case with memories.
13. Examples of application of the basic and extensional elements of the Basic Stimulation of patients.

**Recommended of required reading:**

1. FRIEDLOVÁ, K.: *Bazální stimulace v základní ošetrovatelské péči*. Praha: Grada, 2007. 168 s. ISBN 978-80-247-1314-4.
2. FRIEDLOVÁ, K.: *Bazální stimulace pro učitele předmětu ošetrovatelství. I. a II. díl*. Institut Bazální stimulace, 2005. 100 s. ISBN: 80-239-6132-2.
3. FRIEDLOVÁ, K.: Stimulace vnímání. In *Fendrychová, J a kol. Péče o kriticky nemocné dítě*. 1.vyd. Brno: NCONZO, 2005. ISBN 80-7013-427-5, s.112 – 119.
4. PROCHÁZKOVÁ, E.: Bazální stimulace. In *Sestra*. ISSN 1335-9444. 2007, roč. 6, č.5-6, s.12-13.
5. PROCHÁZKOVÁ, E.: Bazální stimulace v práci sestry. In *Sestra*. ISSN 1335-9444. 2007, roč. 6, č. 7-8, s. 12-13.
6. PROCHÁZKOVÁ, E.: Bazální stimulace. In *Sestra*. ISSN 1335-9444. 2007, roč. 6, č.9-10, s.12-13.
7. PROCHÁZKOVÁ, E.: Bazální stimulace. In *Sestra*. ISSN 1335-9444. 2007, roč. 6, č.11-12, s.12-13.

Journals – *Sestra* (ČR), *Sestra* (SR), *Sestra a lékař v praxi* (SR)

**Language:** Slovak

**Evaluation history:** *Number of evaluated students*

A	B	C	D	E	FX

**Lectures:**

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