

## Information sheet for the course Continuous Professional Practice II.

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>	
<b>Faculty:</b> <i>Faculty of Health Care</i>	
<b>Course unit code:</b> SOPx2/e	<b>Course unit title:</b> Continuous Professional Practice II.
<b>Type of course unit:</b> <i>compulsory</i>	
<b>Planned types, learning activities and teaching methods:</b> <i>Practice: 200 hours per semester of study; full-time</i>	
<b>Number of credits:</b> 2	
<b>Recommended semester:</b> <i>5<sup>th</sup> semester in the 3<sup>rd</sup> year (part-time)</i>	
<b>Degree of study:</b> <i>I (bachelor)</i>	
<b>Course prerequisites:</b> Continuous Professional Practice I., Professional Practice I.	
<b>Assessment methods:</b> Total Subject Score – max. 100 points: -100% attendance on practise = max. 60 points - Hand in Clinical Practise Record = max. 30 points (confirmed presence at workplace – 5 points; proposal for student evaluation: A – 25 points, B – 20 points, C – 15 points, D – 10 points, E – 5 points, FX – 0 points. - Hand in Overview of completed nursing performance – max.10 points Outcomes of the assesement: 100 – 94 points – A 93 – 88 points - B 87 – 82 points – C 81 – 76 points – D 75 – 70 points – E 69 – 0 points - FX	
<b>Learning outcomes of the course unit:</b> Students will acquire knowledge of nutrition hygiene, foodstuffs hygiene and food units, health and food security in the process of production, storage and manipulation. Students will manage basics of physiology and pathophysiology of nutrition. They will meet epidemiologic methods of work, infectious as well as chronically occurring diseases. They will understand and monitor factors of environment and their positive and negative impact on the quality of health.	
<b>Course contents:</b> 1. Work with the tables recommended nutritional benefits of the population, work with the program Alimenta in monitoring the nutritional status of the population. 2. Preparation of the menu card for selected groups (elderly, pregnant women) 3. Malfunctions unbalanced intake of food - warning and knowledge of the warning signs of anorexia and bulimia form. 4. Determination of nutritional status, nutritional history, anthropometric and biochemical examinations. 5. New trends in the administration of artificial nutrition in diseases of the digestive systems. 6. Determination of the type of personality as a risk factor in relation to chronic diseases. 7. Measurement and monitoring of psychosocial risk factors, selected chronic diseases. 8. The issue of noise in residential, identifying the main noise sources, familiar with the negative noise effects on living organisms. 9. Pollen information as an important factor in primary prevention of allergic diseases, trends in	

the prevalence of allergic diseases.

10. Monitoring of communicable diseases in the EU, the European Centre for Infectious Diseases Control (ECDC) - familiarity with the principles of surveillance of infectious diseases at national and transnational level.
11. Descriptive epidemiological methods, monitoring the incidence, prevalence, úmrtosti to the disease in the population.
12. Analytical epidemiological methods, types of prospective and retrospective studies, preparation of design studies
13. Experimental methods of epidemiological, clinical and terrain controlled study, example solutions.

**Recommended of required reading:**

1. ROVNÝ, I. - ONDREJKA, J. - TRUSKOVÁ, I. 2004. *Hygiena výživy*. Bratislava : SZU, 2004. 217 s. ISBN 80- 89171-16-8.
2. KUBICOVÁ, D. a kol. 2004. *Náuka o požívatinách*. Martin : Osveta, 2004. 158 s. ISBN 80-8063-165-4.
3. BEŇO, I. 2008. *Náuka o výžive*. Martin : Osveta, 2008. 145 s. ISBN 80-8063-126-3.
4. Kohout, P., Rušavý, Y., Šerclová, Z.: *Vybrané kapitoly z klinické výživy I*. Forsapi Praha, 2010, 184 s.,, ISBN 978-80-87250-08-2
5. JURKOVIČOVÁ, J. 2005. *Vieme zdravo žiť ?* Lekárska fakulta Univerzity Komenského, Bratislava, 2005. 166 s. ISBN 80-223-2132- X.
6. BAKOŠ P., a kol. 2011. *Epidemiológia*.3.vydanie. Bratislava : LFUK, 2011. 520 s. ISBN 987-80-233-2929-3.
7. MÁDEROVÁ, E. a kol. *Epidemiológia I*. Bratislava : SZU, 2005.
8. MÁDEROVÁ, E. a kol. *Epidemiológia II*. Bratislava : SZU, 2005.
9. EGNEROVÁ, A. a kol.2008. *Epidemiológia - základy a metódy*. Učebné texty, II. doplnené a prepracované vydanie. Bratislava : Slovenská zdravotnícka univerzita, 2008. 141s., ISBN – 978-80-89352-07-4.
10. EGNEROVÁ, A. a kol.2009. *Epidemiológia vybraných chronických chorôb*. Bratislava :Slovenská zdravotnícka univerzita, 2009. 117 s. ISBN-978-80-89352-34-0.
11. FAIT, T. - VRABLIK, M. - et al. 2008. *Preventívna medicína*. Praha : Maxdorf, 2008, 551 s. ISBN 978-80-7345-160-8.
12. ŠEJDA, J., et al. 1987. *Principy obecné epidemiológie*. Praha : AVICENUM, 1987, 220 s. 735 21-08/7. ;
13. Aktuálna legislatíva, zákony, nariadenia vlády

**Language:** Slovak

**Remarks:**

**Evaluation history:** *Number of evaluated students*

A	B	C	D	E	FX

**Lectures:**

PhDr. Slávka Litvová, MUDr. Věra Dobiášová, PhD., MPH., RNDr. Mária Poláková, PhD.

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**Supervisor:** doc. MUDr. Mária Šefkovičová, PhD., MPH.