

Information sheet for the course Psychology

University: <i>Alexander Dubček University of Trenčín</i>																									
Faculty: <i>Faculty of Health Care</i>																									
Course unit code:: Psych/d	Course unit title: Psychology																								
Type of course unit: <i>compulsory</i>																									
Planned types, learning activities and teaching methods: <i>Lecture: 1hour weekly/13 hours per semester of study; full-time</i>																									
Number of credits: 2																									
Recommended semester: <i>2nd semester in the 1st year full-time</i>																									
Degree of study: <i>I (bachelor)</i>																									
Course prerequisites: none																									
Assessment methods: <i>100 points</i>																									
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Terms of completing the course</td> </tr> <tr> <td style="width: 50%;">Activities</td> <td style="width: 50%;">Number of points</td> </tr> <tr> <td>Written test examination</td> <td style="text-align: center;">50</td> </tr> <tr> <td>Examination</td> <td style="text-align: center;">50</td> </tr> <tr> <td>total</td> <td style="text-align: center;">100</td> </tr> <tr> <td colspan="2"><i>Score</i></td> </tr> <tr> <td>100 - 94 %</td> <td style="text-align: center;">A</td> </tr> <tr> <td>93 - 88 %</td> <td style="text-align: center;">B</td> </tr> <tr> <td>87 - 82 %</td> <td style="text-align: center;">C</td> </tr> <tr> <td>81 - 76 %</td> <td style="text-align: center;">D</td> </tr> <tr> <td>75 - 70 %</td> <td style="text-align: center;">E</td> </tr> <tr> <td>69 - 0 %</td> <td style="text-align: center;">FX</td> </tr> </table>		Terms of completing the course		Activities	Number of points	Written test examination	50	Examination	50	total	100	<i>Score</i>		100 - 94 %	A	93 - 88 %	B	87 - 82 %	C	81 - 76 %	D	75 - 70 %	E	69 - 0 %	FX
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<p>Results of the education: By studying the course Psychology, a student will acquire basic information about general rules of human experience and behavior that create a base for understanding the functioning of the human psyche in the process of self-recognition and professional identification of specific expressions of a person whose health is endangered. It will provide a synthesis of psychological knowledge, facts, theories, methods and their practical outputs into a complete view at a psychological reality to the student for the needs of professional application into the practice.</p>																									
<p>Outline of the course:</p> <ol style="list-style-type: none"> 1. Historical outline of a development of psychology, directions, methods of psychology. 2. Basic psychological terms – human as a biopsychosocial being, personality, psyche, consciousness, subconsciousness. 3. Basic psychological terms – sensation, perception, projection, attention. 4. Basic psychological terms – memory, learning, thinking, language 5. Basic psychological terms – motivation, behavior, action, experience, emotions, volitional regulation. 6. Role, relationships. 7. Determination of human behavior. 8. Group, communication and a work with an individual and in a group. 9. Developmental psychology. 10. Illness, pain, influence on an experience and behavior, self-conception 																									

- 11. Stress management.
- 12. Stress management during endangered health.
- 13. Health education.

Recommended of required reading:

1. BAŠKOVÁ, M.a kol. 2009. *Výchova k zdraviu*. Martin: Osveta, 2009. 226s. ISBN 978-80-8063-320-2.
2. KŘIVOHLAVÝ, J. 2002. *Psychologie nemoci*. 1. vyd. Praha: Grada Publishing, a.s., 2002. 200s. ISBN 80-247-0179-0.
3. VÁGNEROVÁ, M. 2004. *Psychopatologie pro pomáhající profese*. 3. vyd. Praha: Portál, 2004. 872s. ISBN 80-7178-802-3.
4. VEREŠOVÁ, M. a kol. 2007. *Psychológia*. Martin: Osveta, 2007. 191s. ISBN 80-8063-239-1.
5. VYBÍRAL, Z. 2005. *Psychologie komunikace*. 1. vyd. Praha: Portál, 2005. 320s. ISBN 80-7178-998-4.

Language: Slovak

Evaluation history: *Number of evaluated students*

A	B	C	D	E	FX

Lectures: PhDr. Kamila Jurdíková

Last modification: 22.4.2014

Supervisor: doc. MUDr. Mária Štefkovičová PhD., MPH