

Information sheet for the course Professional Practice I.

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: OPx1/d	Course unit title: Professional Practice I.
Planned types, learning activities and teaching methods: <i>Practice: 14 hours weekly/182hours per semester of study; full-time</i>	
Number of credits: 3	
Recommended semester: <i>3rd semester in the 2nd year (full-time)</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: none	
<p>Assessment methods: <i>To obtain credits for the course, a student receives the maximum of 100 points = 100 % per semester.</i></p> <p><i>To obtain credits for the course, a student must:</i></p> <ul style="list-style-type: none"> - <i>Participate on the practice (100%) – max. 60 points.</i> - <i>Submit the attendance during practice (max. 30 points): presence at workplace 5 points, average mark of a student: A – 25 points, B – 20 points, C – 15 points, D – 10 points, E – 5 points, FX – 0 points.</i> - <i>Submit Survey of completed nursing performances (max. 10 points).</i> 	
<p>Classification scale:</p> <p>100 – 94 points – A</p> <p>93 – 88 points – B</p> <p>87 – 82 points – C</p> <p>81 – 76 points – D</p> <p>75 – 70 points – E</p> <p>69 – 0 points – FX.</p>	
<p>Learning outcomes of the course: A student can solve epidemic measures in the outbreaks of infectious diseases, can design epidemiological methods during the occurrence of major chronic diseases. A student understands the rules of the changing conditions of the living environment and the human body. A student can work with limits and norms in the hygiene of living environment and food hygiene. A student is able to define the principles of communication with the general public on the issues of conservation, development and health promotion.</p>	
<p>Course contents:</p> <ol style="list-style-type: none"> 1. Submission of the report at the occurrence of communicable diseases in the program EPIS, preparation of report rapid alert system, familiarisation with the principles of analysis epidemiologic situation in the annual report, application of EPIS for this purpose. 2. Accredited sampling of drinking or bathing, filling the dispensing sheet, transmission of a sample to laboratory, accept and evaluate the protocol for the examination of the sample. Proposing measures to the findings of microbiological contamination of the sample. 3. Written elaboration of instruction for a person in case of excess value of specified chemical indicators. 4. Assessment of project documentation as the component of leading health care facility 	

into service.

5. Performance of public health surveillance at the initiation of commercial operation of commercial equipment, drawing a record.
6. Performance of public health surveillance in human body care-related service, drawing a record.
7. Accredited food sampling.
8. Assessment of current fashion trends in population nutrition – vegetarian diet, alternative nutrition, nutritional deficiencies – risks and prevention.
9. Preparation and application of measurement assessment methods aimed at the interest of inhabitants in their own health and in health promotion information.
10. Training of measuring the effectiveness of intervention measures in eliminating risk factors of the most frequent chronic diseases.
11. Preparation of education material intended for the general public on selected theme.
12. Preparation of health education material intended for smokers – dissemination of information through the media.
13. Planning and types of studies, research stages, interpretation of results, statistical software.

Recommended of required reading:

1. BAKOŠ P., A KOL. 2011. *Epidemiológia*.3.vydanie. Bratislava : LFUK, 2011. 520 s. ISBN 987-80-233-2929-3.
2. MÁDEROVÁ, E. A KOL. 2005. *Epidemiológia I*. Bratislava: Slovenská zdravotnícka univerzita, Fakulta verejného zdravotníctva, 2005.
3. MÁDEROVÁ, E. A KOL. 2005. *Epidemiológia II*. Bratislava: Slovenská zdravotnícka univerzita, Fakulta verejného zdravotníctva, 2005.
4. EGNEROVÁ, A. A KOL.2008. *Epidemiológia - základy a metódy*. Učebné texty, II. doplnené a prepracované vydanie. Bratislava : Slovenská zdravotnícka univerzita, 2008. 141s., ISBN – 978-80-89352-07-4.
5. EGNEROVÁ, A. A KOL.2009. *Epidemiológia vybraných chronických chorôb*. Bratislava :Slovenská zdravotnícka univerzita, 2009. 117 s. ISBN-978-80-89352-34-0.
6. BEŇO, I. *Náuka o výžive*. 2. Vydanie. Martin : Osveta, 2008. 146 s. ISBN 80-8063-123-3.
7. FAIT, T., VRABLIK, M., A KOL.2008. *Preventívna medicína*. Praha: MAXDORF, 2008. 551s. ISBN 978-80-7345-160-8.
8. Implementácia CINDI Programu v Slovenskej republike, 1992-1999, ŠZU Banská Bystrica, 2000, 181s.
9. Publikácie WHO – Zdravie 21, zdravie v 21. storočí, ŠZU, Bratislava, 2000.
10. Katalánska deklarácia – Investovanie do zdravia srdca. Národné centrum podpory zdravia a Program CINDI – Slovensko, 1996, 79ss.
11. HEGYI, L. A KOL. 2004. *Výchova k zdraviu a podpora zdravia*. Bratislava : HERBA, 2004, 148 s. ISBN 80-89171-20-6.
12. OCHABA, R., A KOL. 2009. *Ochrana detí a mládeže – Tabak, alkohol, drogy*. Bratislava : ÚVZ SR, 2009, 185 s.
13. JURKOVIČOVÁ, J. 2005. Vieme zdravo žiť ? Lekárska fakulta Univerzity Komenského, Bratislava, 2005. 166 s. ISBN 80-223-2132- X.
14. Národný program podpory zdravia, Národný program prevencie ochorení srdca a ciev, Národný program znižovania obezity. Národný program ochrany duševného zdravia.
15. Aktuálne právne predpisy a normy.

Language: Slovak

Remarks:

Evaluation history: *Number of evaluated students*

A	B	C	D	E	FX
Lectures: PhDr. Slávka Litvová, MUDr. Věra Dobiášová, PhD., MPH., RNDr. Mária Poláková, PhD.					
Last modification: 22.04.2014					
Supervisor: doc. MUDr. Mária Štefkovičová, PhD., MPH.					