

## Information sheet for the course Principles of Clinical Medicine I.

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>	
<b>Faculty:</b> <i>Faculty of Health Care</i>	
<b>Course unit code:</b> ZKM1/d	<b>Course unit title:</b> Principles of Clinical Medicine I.
<b>Type of course unit:</b> <i>compulsory</i>	
<b>Planned types, learning activities and teaching methods:</b> <i>Lecture:: 2 hours weekly/ 26 hours per semester;full-time</i>	
<b>Number of credits:</b> 2	
<b>Recommended semester:</b> <i>3<sup>rd</sup> semester in the 2<sup>nd</sup> year (full-time)</i>	
<b>Degree of study:</b> <i>I (bachelor)</i>	
<b>Course prerequisites:</b> <i>none</i>	
<b>Assessment methods:</b> <i>Test exam: 50 points maximum</i> 50 – 45 points – A 44 – 40 points – B 39 – 35 points – C 34 – 30 points – D 29 – 25 points – E Less than 25 points – FX	
<b>Learning outcomes of the course:</b> Student obtained knowledge about health, disease and illness. Education is focused on the factors influencing in the emergence of diseases, their causes, courses, treatments and prevention, particularly in civilization diseases.	
<b>Course contents:</b> 1. Current clinical medicine. 2. Health and disease. 3. Progressiveness in medicine. 4. Factors influencing health habits. 5. Behavior and role of the patient, compliance, hospitalization. 6. Causes of civilization diseases. 7. Prevention of civilization diseases. 8. Treatment of civilization diseases. 9. The working environment, professional poisonings, occupational diseases. 10. Overview of risk factor on human health. 11. Risk factors for cardiovascular diseases. 12. Arterial hypertension. 13. Oncological diseases.	
<b>Recommended of required reading:</b> 1. ŠVIHROVÁ, V. 2010. <i>Základy klinickej medicíny I.</i> Bratislava: UK, 2010. 84 s. Skriptá. ISBN 978-80-223-2746-6. 2. KAŠČÁK, M. 2005. <i>Klinická propedeutika.</i> Martin: Osveta, 2005. 90 s. ISBN 80-8063-215-4. 3. TAKÁČ, M. A KOL. 1992. <i>Propedeutika vnútorného lekárstva.</i> Martin: Osveta, 1992. 275 s. 4. ZEMAN, M. 2006. <i>Chirurgická propedeutika.</i> Praha: Grada, 2006. 524 s. ISBN 80-7169-705-2. /vybrané časti	

5. PACOVSKÝ, V. 2009. *Současná klinická medicína – jistoty a nejistoty*. CLC 2009; 148 (5): 2006-2008.
6. Kancelária WHO na Slovensku: Zdravie 2020: Európsky politický rámec na podporu vládnych a spoločenských aktivít pre zdravie a prosperitu, vyd. Kancelária SZO na Slovensku 2013; 15s.
7. LITOMERICKÝ, Š. 2009. Starnutie, podpora zdravia prevencia chorôb v 21. storočí; Slovenský lekár 2009; 2: s.84-88.
8. KIRALOVÁ A, VAŇO I, MARCINKOVÁ D. 2008. *Starnutie fenomén dnešnej doby*. Praktická medicína 2008; 2 (4): 24-28.
9. LITOMERICKÝ, Š. 2009. *Zlé zaobchádzania so seniormi a klinická prax*. Slovenský lekár 2009; 6: 234-240.
10. JAROŠ, F. 2005. *Príčiny, prevencia a liečba civilizačných ochorení*. Trenčín, 2005, 50s.

**Language:** Slovak

**Remarks:**

**Evaluation history:** *Number of evaluated students*

A	B	C	D	E	FX

**Lecturer:** Prof. MUDr. Jiří Klein, PhD., FETCS, MUDr. Marián Kaščák, PhD.

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