

Information sheet for the course Fundamentals of Nursing I.

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: ZakOše1/d	Course unit title: Fundamentals of Nursing I.
Type of course unit: <i>compulsory</i>	
Planned types, learning activities and teaching methods: <i>Seminar: 2 hour weekly/26 hours per semester of study; full-time</i> <i>Supervised practical output: 2 hours weekly/26 hours per semester of study;</i>	
Number of credits: 2	
Recommended semester: <i>1st semester in the 1st year (full-time)</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: <i>none</i>	
Assessment methods: <i>100 points</i> - <i>participation in teaching – 50 points</i> - <i>exam – 50 points</i> <i>Evaluation:</i> <i>A – 100 – 94 points</i> <i>B – 93 – 88 points</i> <i>C – 87 – 82 points,</i> <i>D – 81 – 76 points</i> <i>E – 75 – 70 points</i> <i>FX – 69 – 0 points</i>	
Learning outcomes of the course unit: Student is able to: - use basic nursing techniques and nurse's interventions according to given rules - apply basic knowledge and skills of nursing in the implementation of individual interventions - collaborate with other members of multi-disciplinary team	
Course contents: Seminars: 1. Medical dressing material, dressing (enveloping) techniques. Execution of basic dressing types of head, upper limb, lower limb, breast, and back. 2. Care of patient's bed. Bed types. Basic bed equipment. Additional bed equipment. 3. Care of adult patients and children hygiene. Prevention of intertrigo and pressure ulcer. 4. Dietary system. Manipulation with food on department. Preparation of natal alimentation in milk kitchen. 5. Excursion of the milk kitchen in the paediatric clinic of FH Trenčin. 6. Measurement and recording of vital functions. Measurement of temperature, pulse, breathes blood pressure. 7. Emission of urine – urination, catheterization. Care of patient with urine incontinency. 8. Faecal discharge – defecation, clyster. Care of patient with faecal incontinency. 9. Preparation and application of drugs. Drug forms and their marking. Drug ordering and management. Hand-on pharmacy. Directives for drugs application. Drug application techniques. 10. Preparation and application of drug per os. Application of drugs on skin, in eyes, ears, on nasal mucous membrane, and into breath ways.	

11. Excursion to the internal/geriatric department of FH Trencin.
12. Application of injections. General instruction to application of injections. Methodology of application of intracutan, subcutan injections.
13. Methodology of application of intramuscular injection.

Recommended of required reading:

1. KRIŠKOVÁ, A. et al. *Ošetrovateľské techniky*. Martin : Vydavateľstvo Osveta, 2006. 780 p. ISBN 80-8063-202-2.
2. MIKŠOVÁ, Z. – FRONĀKOVÁ, M. – HERNOVÁ, R. – ZAJÍČKOVÁ, M. *Kapitoly z ošetrovateľskej péče I*. Praha : Grada Publishing, a.s., 2006. 248 p. ISBN 80-247-1442-6.
3. MIKŠOVÁ, Z. – FRONĀKOVÁ, M. – ZAJÍČKOVÁ, M. *Kapitoly z ošetrovateľskej péče II*. Praha : Grada Publishing, a.s., 2006. 172 p. ISBN 80-247-1443-4.
4. RICHARDS, A. – EDWARDS, S. *Repetitorium pro zdravotní sestry*. Praha : Grada Publishing, a.s., 2004. 376 p. ISBN 80-247-0932-5.
5. WORKMAN, B. A. – BENNETT, C. L. *Klíčové dovednosti sester*. Praha : Grada Publishing, a.s., 2006. 260 p. ISBN 80-247-1714-X.

Language: Slovak

Remarks:

Evaluation history: *Number of evaluated students:*

A	B	C	D	E	FX

Lectures: PhDr. Katarína Gerlichová, PhD.

Last modification: 22.04.2014

Supervisor: doc. MUDr. Mária Štefkovičová, PhD., MPH.