

Information sheet for the course Psychology

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: <i>Psych/d</i>	Course unit title: <i>Psychology</i>
Type of course unit: <i>compulsory</i>	
Planned types, learning activities and teaching methods: <i>Lectures: 2 hours weekly/26 hours per semester of study; full-time</i>	
Number of credits: <i>1</i>	
Recommended semester: <i>2nd semester in the 1st year (full-time)</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: <i>none</i>	
Assessment methods: <i>Students will receive 30 credits per term</i> <i>- credit term test (30 credits)</i> <i>to obtain user:</i> <i>A - 30-28 points</i> <i>B - 27-25 points</i> <i>C - 24-22 points</i> <i>D - 21-19 points</i> <i>E - 20-18 points</i> <i>FX 17 and less points</i>	
Learning outcomes of the course unit: <i>In the subject of psychology students will gain basic information about general laws of human behaviour and feelings. They will get acquainted with a theory of individual cognitive processes, psychological conditions, and incentives as well as psychological characteristics of a person. Students will learn to perceive mechanisms of psychological phenomena and processes. They will receive the synthesis of psychological knowledge, facts, theories, methods, and their practical implications in a unified picture of human psyche for needs in professional applications in the practice of nursing.</i>	
Course contents: <ol style="list-style-type: none"><i>1. Historical sketch of the development of psychology, basic psychological perspectives - psychoanalytic, behavioural, humanistic.</i><i>2. The subject and methods of psychology.</i><i>3. Human behaviour determination – biological, social, mental regulation.</i><i>4. Mental regulation - conscious, and unconscious. Characteristics of consciousness, changed states of consciousness, consciousness disorders. Briefly – contents of unconsciousness.</i><i>5. Cognitive processes and their characteristics. Individual cognitive processes – feelings, perception of size and shape, dimension and distance, depth, time, social perception, disorders in social perception.</i><i>6. Cognitive processes – imaginative processes (ideas and imagination – characteristics and importance for man), memory – characteristics, types of memory, memory processes, forgetting curve.</i><i>7. Cognitive processes – thinking (characteristics, individual specialties, incentives of thinking, thinking disorders), speech disorders (mutism, stuttering).</i><i>8. Psychological conditions – incentives – biological and psychological needs, frustration, deprivation, interest, aspiration.</i><i>9. Emotions – characteristics, properties, emotional reactions, relations, states, physiological</i>	

demonstrations of emotions, relation of emotions and personality (integrated/disintegrated personality, unstable/stable personality).

10. *Attention – characteristics, types of attention, properties of attention. Disorders and pathological changes in attention.*
11. *Personality – theories – integrated, behavioural, humanistic, five factor model.*
12. *Personality structure – characteristics, abilities, temper.*
13. *Personality typology - Kretschmer, Jung, Sheldon, Pavlov, Eysenck, Big five.*

Recommended of required reading:

1. *VEREŠOVÁ, M. a coll. Psychológia. Učebnica pre fakulty ošetrovateľstva. Martin: Osveta, 2007. 260p. ISBN 8080632391.*
2. *BOROŠ, J. a coll. Úvod do psychológie. Bratislava : Iris, 2002. ISBN 8089018351.*
3. *Coll. aut. Prehľad všeobecnej psychológie. Ed. Enigma, 2010. 276p. ISBN 9788089132898.*
4. *HONZÁK, R. Základy psychológie. Praha : Galén. 132 p. ISBN 807262377X.*
5. *Coll. Auhors.: Přejhled psychologie. Praha : Portál, 2012. 288p. ISBN 9788026201052.*
6. *ŘÍČAN, P. Psychologie. 3. revised edition, Praha : Portál, 2009. ISBN 9788073675608.*
7. *NAKONEČNY, M. Psychologie. Praha : Triton, 2011. ISBN 9788073874438.*
8. *VÁGNEROVÁ, M. Vývojová psychologie II. Praha : Karolinum, 2007. ISBN 9788024613185.*
9. *HŘEBÍČKOVÁ, M. Pětifaktorový model v psychologii osobnosti. Praha : Grada, 2011. 251p. ISBN 9788024733807.*
10. *HARTL, P. - HARTLOVÁ, H. Psychologický slovník. Praha : Portál, 2013. 776 p. ISBN 978-80-7367-470-0.*

Language: *Slovak*

Remarks:

Evaluation history: *Number of evaluated students 290*

A	B	C	D	E	FX
24.83	18.28	21.03	13.79	19.66	2.41

Lectures:

doc. PhDr. Dagmar Mastiliaková, PhD., PaedDr. PhDr. Tatiana Nevolná, PhD.

Last modification: *22.4.2014*

Supervisor: *doc. PhDr. Dagmar Mastiliaková, PhD.*