

**Information sheet for the course  
Musical Activities in the Health Care of Patients II.**

<b>University:</b> <i>Alexander Dubček University of Trenčín</i>	
<b>Faculty:</b> <i>Faculty of Health Care</i>	
<b>Course unit code:</b> <i>HASP2/d</i>	<b>Course unit title:</b> <i>Musical Activities in the Health Care of Patients II.</i>
<b>Type of course unit:</b> <i>optional</i>	
<b>Planned types, learning activities and teaching methods:</b> <i>Seminar: A hour weekly/13 hours per semester of study; full-time</i>	
<b>Number of credits:</b> <i>1</i>	
<b>Recommended semester:</b> <i>6<sup>th</sup> semester in the 3<sup>rd</sup> year (full-time)</i>	
<b>Degree of study:</b> <i>I (bachelor)</i>	
<b>Course prerequisites:</b> <i>none</i>	
<b>Assessment methods:</b> <i>To obtain credit for the course (30 – 50 points), a student must:</i> <ul style="list-style-type: none"> <li>- <i>Write a seminar paper,</i></li> <li>- <i>Present a seminar work,</i></li> <li>- <i>Be actively present in the course – students are allowed two (2) free unexcused absences.</i></li> </ul> <i>To obtain A, a student must score 45 – 50, to obtain B a student must score 40 – 44, to obtain C, a student must score 37.5 – 39.5 and more, to obtain D, a student must score 34 – 37, and to obtain E, a student must score 30 – 33.5. The credits are not granted to the students whose grade point average is 29 or lower.</i>	
<b>Learning outcomes of the course unit:</b> <i>A student is aware of the basic theory and has a comprehensive knowledge of music therapy, is aware of significance and place of music therapy in medicine, psychotherapy and special pedagogy. A student can select some music-therapy techniques. By means of specific expressional devices of music and music activities (vocal and instrumental, music and movement and music perception), a student learns to apply therapeutic effect of music with clients who have special physical and psycho-social needs, specific needs (clients mental, physical sensory or psycho-social disability). By means of specific expressional devices of music with various methods, models and music therapy techniques (music improvisation, psychodrama, music performance, music creation with own music therapy project, performance of music-therapy project).</i>	
<b>Course contents:</b> <ol style="list-style-type: none"> <li><i>1. Music therapy and music pedagogy – differences and inspirations. Musical and pedagogical inspiration for music therapy: Orff Schulwerk, Dalcroze Eurythmics, Kodaly method, Suzuki method.</i></li> <li><i>2. Path to treatment: Music therapy diagnostics. Indication criteria in music therapy. Assumptions and approach of music therapist. Conscious application of music and musical Instruments.</i></li> <li><i>3. Music therapy process and its structure. Preparation of music therapy program: Recommendations for music therapy. Initial diagnostics. Planning of music therapy. Realisation of therapeutic programme: Administration of music therapy. Forms of music therapy (individual, group and community). Keeping documentation. The structure of the music-therapy unit. Music therapy room and its equipment. Evaluation of therapy. Final report. Ending of therapy.</i></li> <li><i>4. Methods and techniques of music therapy 1 – 2: Music improvisation. Music interpretation. Individual and group therapies.</i></li> </ol>	

5. *Music therapy and psychodrama. Music and associations in psychodrama. Techniques of music psychodrama and its examples.*
6. *Methods and techniques of music therapy 3 – 4: Music creation. Music Perception. Background music.*
7. *Music therapy models: Creative and non-creative music therapy models. Active and receptive music therapy. Selected music therapy models.*
8. *Memory – music – movement: Music and amnesia. Aphasia and music therapy. Rhythm and movement.*
9. *Emotions – identity – music: Music and emotions: Melancholy. Williams syndrome. Music and identity: Dementia.*
10. *Music therapy research: Quantitative and qualitative research and differences. The samples of the research.*
11. *Seminar works A: Music improvisation. Music therapy and psychodrama: The performance of music therapy project designed by students with the feedback from a lecturer. The discussion to presented seminar works. Discussion to presented seminar works.*
12. *Seminar works B: Music interpretation. Music creation: The performance of music therapy project designed by students with the feedback from a lecturer. The discussion to presented seminar works. Discussion to presented seminar works.*
13. *Seminar works C: Music Perception. Emotions, identity and music: The performance of music therapy project designed by students with the feedback from a lecturer. The discussion to presented seminar works. Discussion to presented seminar works.*

**Recommended of required reading:**

**Key reading:**

1. KANTOR, J. – LIPSKÝ, M. – WEBER, J. a kol. *Základy muzikoterapie.* Praha: Grada. 2009. ISBN 978-80-247-2846-9.
2. GAJDOŠÍKOVÁ ZELEIOVÁ, J. *Psychodynamické aspekty muzikoterapie: hudobno-pedagogické a hudobnoterapeutické súvislosti.* Trnava: Trnavská univerzita. 2012. ISBN 978-80-8082-492-1
3. FELBER, R. – REINHOLD, S. – STŮCKERT, A. *Muzikoterapie: Terapie zpěvem. Fabula.* 2005. ISBN 80-86600-24-6.
4. ZELEIOVÁ, J. *Muzikoterapia – dialóg s chvením.* Bratislava: Veda. 2002.
5. AMTMANNOVÁ, E. – JAROŠOVÁ, E. – KARDOŠ, T. *Aplikovaná muzikoterapia. 1. vyd.* ISBN 978-80-969813-7-3. 2007. [online]. [cit. 2013-01-02]. Dostupné na internete: [http://wp.prolp.sk/wp-content/uploads/2008/02/aplikovana\\_mt.pdf](http://wp.prolp.sk/wp-content/uploads/2008/02/aplikovana_mt.pdf)
6. AMTMANNOVÁ, E. *Muzikoterapia v liečebnej pedagogike.* Bratislava: vyd. vlastné, 2003.
7. JUSLIN, P. N. – SLOBODA, J. *Handbook of Music and Emotion. Theory, Research, Applications.* Oxford University Press. 2010. ISBN 978-0199230143.
8. MÁTEJOVÁ, Z. *Základy teórie a praxe muzikoterapie.* Bratislava: SPN. 1993. ISBN 80-223-0401-8.
9. ŠIMANOVSKÝ, Z. *Hry s hudbou a techniky muzikoterapie,* Praha: Portál. 2001. ISBN 80-7178-557-1
10. KRÁLOVÁ, E. *Hudobné činnosti ako prostriedok zníženia pocitu osamelosti u detí v tranzitívnom období. In Zdravotnícke listy. Edičná séria: Verejné zdravotníctvo. Vol. 1, No. 4, s. 69 - 79. Trenčín: FZ TnUAD. 2013. ISSN 1339-3022.*
11. KRBAŤA, P. *Psychológia hudby nielen pre hudobníkov. Od hľadania vzťahu k hudbe k umeleckému majstrovstvu. Varín: Elektro AB. 2. vydanie. 2008. ISBN 978-80-969808-6-4.*
12. MAREK, V. *Hudba jinak: Hudební nástroje a styly, které mohou zlepšit vaše zdraví a změnit váš život.* Praha: Eminent. 2003. ISBN 80-728-125-8.

**Recommended reading:**

1. KRČEK, J. *Musica humana. Úvod do muzikoterapie, ktorá vychází z anthroposofie Rudolfa Steinera. Hranice: Fabula - Hana Jankovská. 191 s. ISBN 978-80-86600-50-5.*
2. KŘIVOHLAVÝ, J. *Pozitivní psychologie. Praha: Portál. 2004. 195 s. ISBN 80-7178-835-X*
3. KŘIVOHLAVÝ, J. *Psychologie zdraví. Praha: Portál. 2001. 278 s. ISBN 80-71785-61-2.*
4. MAREK, V. *Hudba je lék budoucnosti. 1. vyd. Praha: Paprsek, 1996. ISBN 80-901582-3-4.*
5. MÁTEJOVÁ, Z. – MAŠURA, S. *Muzikoterapia v špeciálnej a liečebnej pedagogike. Bratislava: SPN. 1992. ISBN 80-08-00315-4.*
6. SEDLÁK, F. – VÁŇOVÁ, H. *Hudební psychologie pro učitele. Praha: Karolinum. 2013. ISBN 978-80-246-2060-2.*
7. ŠIMONEKOVÁ, Heda. *Hudobno-pohybová rytmika. 1. vyd. Bratislava: At Publishing, 2000. ISBN 80-88954-10-X.*
8. SACKS, O. *Musicophilia: Příběhy o vlivu hudby na lidský mozek. Praha: Dydbuk. 2009. ISBN 978-80-86862-92-7.*

**Language:** *Slovak*

**Remarks:**

**Evaluation history:**

A	B	C	D	E	FX

**Lectures:** *PaedDr. Eva Králová, PhD.*

**Last modification:** *22.04.2014*

**Supervisor:** *doc. PhDr. Dagmar Mastiliaková, PhD.*