

Information sheet for the course
Fundamentals of Rehabilitation in Nursing
Compulsory Subject

University: <i>Alexander Dubček University of Trenčín</i>					
Faculty: <i>Faculty of Health Care</i>					
Course unit code: ZakRehOse/d			Course unit title: Fundamentals of Rehabilitation in Nursing		
Type of course unit: <i>compulsory</i>					
Planned types, learning activities and teaching methods: <i>Seminar: 1 hours weekly/13 hours per semester of study; full-time</i>					
Number of credits: 2					
Recommended semester: <i>4th semester in the 2nd year (full-time)</i>					
Degree of study: <i>I (bachelor)</i>					
Course prerequisites: none					
Assessment methods: The student will acquire 50 points per semester written exam (50 points) to obtain the user and must be obtained at least 48 points , to obtain user B at least 44 points to score at least 41 points C , D to score at least 38 points and score at least 35 E points.					
Learning outcomes of the course unit: Student studying the subject comes into theoretical and practical skills in the field concerned . Know the principles of respiratory and vascular gymnastics, controlling different types of positioning the patient knows kinestetiky principles and can apply them in handling patients during verticalization , controlled walking with crutches by German and French , the basis of tests for assessing the functional status of the patient and also the basics of the application most commonly used forms of physical therapy .					
Course contents:					
<ol style="list-style-type: none"> 1. Positioning of the patient (antalgic , antispasmodic) . 2. Fundamentals of respiratory and vascular gymnastics , prevention of postoperative complications. 3. Verticalization of patients and sitting.Positioning and (specifications in orthopedics , traumatology and neurology) . 4. Practice walking with crutches German and French (walking on the flat, and the stairs) . 5. Exercise the splint and Motomed. 6. Training handling corset , back school and work loads . 7. Soft techniques for postoperative scar . 8. Basic measurements in physiotherapy (SFTR , length and girth of the extremities, spine dynamic tests) . 9. Examination of hypermobility . 10. Test of self-service (FIM ,ADL) . 11. The application of the physical therapy (biolamp , Rebox , ultrasound , paraffin , cryotherapy). 12. Mobility, immobility, prevention of complications of imobility. 13. Basics kinestetics . 					
Recommended of required reading:					
<ol style="list-style-type: none"> 1. GÚTH, A. 2012. <i>Rehabilitácia pre medicínske, pedagogické a ošetrovateľské odbory</i>. Bratislava: Liečreh Gúth, 2012. ISBN 80-88932-23-8. 2. KOCIOVÁ, K. 2013. <i>Základy fyzioterapie</i>. Martin: Osveta, 2013. ISBN 978-80-8063-389-9. 					
Language: Slovak					
Remarks:					
Evaluation history: <i>Number of evaluated students</i>					
A	B	C	D	E	FX
Lectures: doc. MUDr. Juraj Čelko, PhD. Mgr. Patrícia Baňárová					

Bc. Iveta Jarábková
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Supervisor: doc. PhDr. Dagmar Mastiliaková, PhD.