

Information sheet for the course Physiotherapy Practice II.

University: <i>Alexander Dubček University of Trenčín</i>					
Faculty: <i>Faculty of Health Care</i>					
Course unit code: <i>FyzPX2/e</i>			Course unit title: <i>Physiotherapy Practice II.</i>		
Type of course unit: <i>compulsory</i>					
Planned types, learning activities and teaching methods: <i>Practice: 20 hours weekly/260 hours per semester of study; full-time</i>					
Number of credits: <i>5</i>					
Recommended semester: <i>2nd semester in the 1st year (part-time)</i>					
Degree of study: <i>I (bachelor)</i>					
Course prerequisites: <i>none</i>					
Assessment methods: <i>A student scores 50 points per semester. To obtain A, a student must score at least 48, to obtain B, a student must score at least 44, to obtain C, a student must score at least 41 and more, to obtain D, a student must score 38 and more, and to obtain E, a student must score at least 35. The credits are not granted to the students whose grade point average is 34 or lower.</i>					
Learning outcomes of the course unit: <i>By the completion of the course Physiotherapy Practice II a student learns to work in the natural conditions of healthcare team. He enlarges his practical skills in basic diagnostic and physiotherapy approaches. A student is able to use the basics of soft and relaxation techniques and can apply the selected types of physical therapy (biopton lamp, sunray lamp, Rebox, ultrasound, paraffin).</i>					
Course contents: <i>1. Use of different types of muscle contractions in practice (concentric, eccentric, isometric). 2. Soft techniques in the area of the skin, subcutaneous tissue and muscles. 3. Relaxation techniques (Schultz, Jacobson relaxation) 4. Antispastic positioning 5. The use of the Biopton Light Therapy and infra-red lamp. 6. The use of the ultrasound, and user. 7. The use of the paraffin.</i>					
Recommended of required reading: <i>1. TAKÁČ, P.: 2003, Klinická propedeutika v rehabilitácii. Trnavská univerzita, Fakulta zdravotníctva a sociálnej práce Trnava, 2003, ISBN 80-89104-16-9 2. GÚTH, A. et al.: 2011. Vyšetrovacie metodiky v rehabilitácii, Liečreh, Bratislava, 2011. 3. GÚTH, A. et al.: 2005. Liečené metodiky v rehabilitácii pre fyzioterapeutov. Liečreh Gúth, Bratislava, 2005, ISBN 80-88932-16-5. 4. PODĚBRADSKÝ, J., PODĚBRADSKÁ, R.: 2009. Fyzikální terapie, Manuál a algoritmy. Grada, 2009, ISBN 978-80-247-2899-5.</i>					
Language: <i>Slovak</i>					
Remarks: <i>It is necessary to be actively present during the practice (100%), there are not allowed any absences.</i>					
Evaluation history: <i>Number of evaluated students</i>					
A	B	C	D	E	FX
98.28%	0.00%	0.00%	0.00%	0.00%	1.72%

Lectures: *Mgr. Miroslav Černický; doc. MUDr. J. Čelko, PhD.; Mgr. J. Kotyra, PhD.; Mgr. P. Baňárová; Bc. Jarábková; Nováková Viera, Bc.; Hájková Miroslava Bc.; Holbová Zuzana, Bc.; Čmáriková Adriána, Bc.; Antalová Lucia Mgr.; Polinová Darina, Mgr.; Vaňková Zuzana, Mgr.; Salvová Andrea, Bc.; Prchlíková Zuzana, Mgr.; Rýdza Emília; Chromik Juraj, Bc.; Štefanidesová Zuzana, Mgr.; Šťastková Petra*

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