

Information sheet for the course Physiotherapy Practice III.

University: <i>Alexander Dubček University of Trenčín</i>					
Faculty: <i>Faculty of Health Care</i>					
Course unit code: <i>FyzPX3/e</i>			Course unit title: <i>Physiotherapy Practice III.</i>		
Type of course unit: <i>compulsory</i>					
Planned types, learning activities and teaching methods: <i>Practice: 20 hours weekly/260 hours per semester of study; full-time</i>					
Number of credits: <i>5</i>					
Recommended semester: <i>3rd semester in the 2nd year (part-time)</i>					
Degree of study: <i>I (bachelor)</i>					
Course prerequisites: <i>none</i>					
Assessment methods: <i>A student scores 50 points per semester. To obtain A, a student must score at least 48, to obtain B, a student must score at least 44, to obtain C, a student must score at least 41 and more, to obtain D, a student must score 38 and more, and to obtain E, a student must score at least 35. The credits are not granted to the students whose grade point average is 34 or lower.</i>					
Learning outcomes of the course unit: <i>By the completion of the course Physiotherapy Practice III a student enriches his or her practical skills in the basic diagnostic and physiotherapy approaches in the natural conditions of healthcare team. He knows classical massage, manipulation selected types of prosthetic devices (corsets, splints), knows the principle of isometric and antigravity muscle relaxation and can apply different types of electrotherapy currents.</i>					
Course contents: <i>1. Relieving exercise (in release, in water, on a pad). 2. Supporting exercise (resistance: manual, by means of gear and equipment, and also with water). 3. Massage procedures. 4. Isometric relaxation. 5. Antigravity relaxation 6. The back school. 7. Kinesiotherapy in a back pain patient. 8. The application of each type of current electrotherapy.</i>					
Recommended of required reading: <i>1. KOCIOVÁ K.: 2013. Základy fyzioterapie. Osveta, 2013, ISBN 978-80-8063-389-9.; 2. PODĚBRADSKÝ, J., PODĚBRADSKÁ, R.: 2009. Fyzikální terapie, Manuál a algoritmy. Grada, 2009, ISBN 978-80-247-2899-5.; 3. TAKÁČ, P.: 2003. Klinická propedeutika v rehabilitácii. Trnavská univerzita, Fakulta zdravotníctva a sociálnej práce Trnava, 2003, ISBN 80-89104-16-9; 4. GÚTH, A. et al.: 2011. Vyšetrovacie metodiky v rehabilitácii, Liečreh, Bratislava, 2011.; 5. GÚTH, A. et al.: 2005. Liečené metodiky v rehabilitácii pre fyzioterapeutov. Liečreh Gúth, Bratislava, 2005, ISBN 80-88932-16-5.</i>					
Language: <i>Slovak</i>					
Remarks: <i>It is necessary to be actively present during the practice (100%), there are not allowed any absences.</i>					
Evaluation history: <i>Number of evaluated students</i>					
A	B	C	D	E	FX
95.83%	2.08%	0.0%	0.0%	0.0%	2.08%

Lectures: *Mgr. Miroslav Černický; doc. MUDr. J. Čelko, PhD.; Mgr. J. Kotyra, PhD.; Mgr. P. Baňárová; Bc. Jarábková; Nováková Viera, Bc.; Hájková Miroslava Bc.; Holbová Zuzana, Bc.; Čmáriková Adriána, Bc.; Antalová Lucia Mgr.; Polinová Darina, Mgr.; Vaňková Zuzana, Mgr.; Salvová Andrea, Bc.; Prchliková Zuzana, Mgr.; Rýdza Emília; Chromík Juraj, Bc.; Štefanidesová Zuzana, Mgr.; Šťastková Petra, Mgr.*

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Supervisor: *doc. MUDr. Juraj Čelko, PhD.*