

Information sheet for the course Physiotherapy practice IV.

University: <i>Alexander Dubček University of Trenčín</i>					
Faculty: <i>Faculty of Health Care</i>					
Course unit code: <i>FyzPX4/d</i>			Course unit title: <i>Physiotherapy practice IV.</i>		
Type of course unit: <i>compulsory</i>					
Planned types, learning activities and teaching methods: <i>Practice 20 hours weekly/260 hours per semester of study; full-time</i>					
Number of credits: 5					
Recommended semester: <i>4th semester in the 2nd year (full-time)</i>					
Degree of study: <i>I (bachelor)</i>					
Course prerequisites: <i>none</i>					
Assessment methods: <i>A student scores 50 points per semester. To obtain A, a student must score at least 48, to obtain B, a student must score at least 44, to obtain C, a student must score at least 41 and more, to obtain D, a student must score 38 and more, and to obtain E, a student must score at least 35. The credits are not granted to the students whose grade point average is 34 or lower.</i>					
Learning outcomes of the course unit: <i>By the completion of the course Physiotherapy Practice IV a student enriches his or her practical skills in the basic diagnostic and physiotherapy approaches. A student is able to use individual vertebrogenic treatment methods (Kaltenborn, spinal exercises, Mc. Kenzie method, Klapp, Schrot, and Brunkow exercises). Is able to use diagnostics and physiotherapy in patients with radicular syndrome. From a physical therapy A student has skills can apply thermo-therapeutic and water cure (therapy) treatments out of a physical therapy.</i>					
Course contents: 1. <i>Back school, Kaltenborn and spinal exercises.</i> 2. <i>Basics of Mc. Kenzie.</i> 3. <i>Klapp and Schrot methodology.</i> 4. <i>Brunkow methodology.</i> 5. <i>Fit ball exercises.</i> 6. <i>Applications of thermal therapy procedures.</i> 7. <i>Application of hydrotherapy treatments.</i> 8. <i>Hydrokinesiotherapy.</i>					
Recommended of required reading: 1. <i>PAVLŮ, D.: 2003. Speciální fyzioterapeutické koncepty a metody. Cerm, s.r.o., Brno, 2003, ISBN 80-7204-312-9. ;</i> 2. <i>HAGOVSÁ, M., MIHALEČKOVÁ, M.: 2012. Najčastejšie používané liečebné metodiky vo fyzioterapii. UPJŠ, Lekárska fakulta, 2012, ISBN 978-80-7097-931-0;</i> 3. <i>KOCIOVÁ K.: 2013. Základy fyzioterapie. Osveta, 2013, ISBN 978-80-8063-389-9.;</i> 4. <i>PODĚBRADSKÝ, J., PODĚBRADSKÁ, R.: 2009. Fyzikální terapie, Manuál a algoritmy. Grada, 2009, ISBN 978-80-247-2899-5.</i>					
Language: <i>Slovak</i>					
Remarks: <i>It is necessary to be actively present during the practice (100%), there are not allowed any absences.</i>					
Evaluation history: <i>Number of evaluated students</i>					
A	B	C	D	E	FX
97.87%	2.13%	0.0%	0.0%	0.0%	0.0%
Lectures: <i>Mgr. Miroslav Černický; doc. MUDr. J. Čelko, PhD.; Mgr. J. Kotyra, PhD.; Mgr. P.</i>					

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