

Information sheet for the course Communication in physiotherapy

University: <i>Alexander Dubček University of Trenčín</i>	
Faculty: <i>Faculty of Health Care</i>	
Course unit code: <i>KomFyz/d</i>	Course unit title: <i>Communication in physiotherapy</i>
Type of course unit: <i>compulsory</i>	
Planned types, learning activities and teaching methods: <i>Lecture: 1 hour weekly/13 hours per semester of study; full-time</i> <i>Seminar: 1 hour weekly/13 hours per semester of study; full-time</i>	
Number of credits: <i>3</i>	
Recommended semester: <i>1st semester in the 1st year full-time</i>	
Degree of study: <i>I (bachelor)</i>	
Course prerequisites: <i>none</i>	
Assessment methods: <i>Students can obtain up to 100 credits per term.</i> <i>During the term there will be one written test worth 50 credits and one oral exam worth another 50 credits. In order to obtain level A at least 95 credits are required. In order to obtain B level it is required to gain at least 90 credits, for C level students need at least 85 credits, for D level students need at least 80 credits, and for E level at least 65 credits. No credits will be granted to a student who will receive less than 30 points.</i>	
Learning outcomes of the course unit: <i>In this programme students will gain knowledge in communication and communication skills in physiotherapy. They will be able to analyse the elements of verbal and non-verbal communication. They will use model situations to demonstrate the communication skills practice, and both emphatic and assertive behaviour. They will be able to emphasize the need for reasonable self-realization in interpersonal relations, and they will be able to solve conflicts. Students will be able to point out specifications of a communication with an aggressive patient, a patient with sensory or mental disabilities as well as with a child patient, senior patient, and a patient's relatives.</i>	
Course contents: <ol style="list-style-type: none"> <i>1. Communication and its importance in interpersonal relations. The characteristics of social communication.</i> <i>2. Communication process. Verbal communication. The characteristics of the verbal communication, and function of speech. Verbal speech and paralinguistic means of speech.</i> <i>3. Communication process. Non-verbal communication. Characteristics of non-verbal communication. Categorization of non-verbal communication.</i> <i>4. Personality of a physiotherapist. Physiotherapist's communication skills and their application during physiotherapy and rehabilitation of a patient.</i> <i>5. Communication and physiotherapy and rehabilitation. Assessment and diagnostics of communication problems. The importance of communication at physiotherapist's work. Communication in the relation to a physiotherapist and rehabilitation. Assessment and diagnostics.</i> <i>6. Empathy and its usage in interpersonal relations. Particular elements of empathy in the approach. of a physiotherapist to the patient.</i> <i>7. Assertive behaviour in the profession of a physiotherapist. Assertiveness analysis and practice of assertive behaviour. Conflicts and their solutions.</i> <i>8. Aspects of the psychotherapeutic relation and communication in the approach of a physiotherapist to the patient.</i> 	

9. *A dialogue between a physiotherapist and a patient and its analysis. Typology of physiotherapist's answers.*
10. *Evaluation and devaluation in social communication between a physiotherapist and a patient.*
11. *Specific features of physiotherapist's communication with a patient with motor, sensory or mental disability.*
12. *Physiotherapist's communication with a child patient. Physiotherapist's communication with a senior patient.*
13. *Physiotherapist's communication with patient's relatives. Burn-out syndrome as an occupational hazard at a physiotherapist.*

Recommended of required reading:

DAŠKOVÁ, M. – VARJASSYOVÁ, K. a coll. 2013. *Špecifická komunikácie na linke tiesňového volania. Bratislava: ed. Medical literature: Herba, spol. s r.o., 2013. 124 p. ISBN 978-80-89631-06 -3.*

KOCIOVÁ, K. a coll. 2013. *Základy fyzioterapie. Martin : Osveta, spol. s r.o., 2013. 238 p. ISBN 978-80-8063-389-9.*

Kociová, K. – Peregrinová, Z. 2003. *Fyzioterapia v geriatrici. Martin : Osveta, 2003. 63 p. ISBN 80-8063-132-8.*

KRISTOVÁ, J. 2009. *Komunikácia v ošetrovatel'stve. Martin : Osveta, 2009. 182 p. ISBN 80-8063-160-3.*

MOROVICSOVÁ, E. a coll. 2004. *Komunikácia v ošetrovatel'stve. 1. ed. Bratislava: UK v Bratislave, 2004. 140 p. ISBN 80-223-1940-6*

PLEVOVÁ, I. – SLOWIK, R. 2010. *Komunikace s detským pacientem. 1. ed. Praha : Grada Publishing, a.s., 2010. 256 p. ISBN 978-80-247-2968 -8.*

POKORNÁ, A. 2010. *Komunikace se seniory. 1. ed. Praha : Grada Publishing, a.s., 2010. 160 p. ISBN 978-80-247-3271 -8.*

PTÁČEK, R. – BARTŮŇEK, P. a coll. 2011. *Etika a komunikace v medicíně. Praha : Grada Publishing, a.s., 2011. 528 p. ISBN 978-80-247-3976 -2.*

SLOWIK, J. 2007. *Speciální pedagogika. Praha : Grada Publishing, a.s., 2007. 160 p. ISBN 978-80-247-1733 -3.*

TROJAN, S.- DRUGA, R.- PFEIFFER, J.- VOTAVA, J. 2005. *Fyziologie a léčebná rehabilitace motoriky člověka. Praha : Grada Publishing, a.s., 2005. 240 p. ISBN 80-247-1296 -2.*

VENGLÁŘOVÁ, M.- MAHROVÁ, G. 2006. *Komunikace pro zdravotní sestry. Praha : Grada Publishing, a.s., 2006. 144 p. ISBN 80-247-1262 -8.*

WERNEROVÁ, I. 2010. *Komunikace pro každého. Ed. 1. Computer Media spol. s r.o., 2010. 240p. ISBN 978-80-7402-064-3.*

Language: Slovak

Remarks: subject is taught in the winter semester. In exercise of the year divided by the number of students per group 20-22.

Evaluation history: Number of evaluated students

A	B	C	D	E	FX
192	47	23	2	8	41
61%	15%	7%	1%	3%	13%

Lectures: PhDr. Kamila Jurdíková

Last modification: 22.04.2014

Supervisor: doc. MUDr. Juraj Čelko, PhD.