

**Information sheet for the course
Physical Education III.**

University: <i>Alexander Dubček University of Trenčín</i>					
Faculty: <i>Faculty of special technology</i>					
Course unit code: <i>SaOA/B/4-17/d</i>			Course unit title: <i>Physical Education III.</i>		
Type of course unit: <i>optional</i>					
Planned types, learning activities and teaching methods: <i>2 hour seminars per week, attendance teaching method.</i>					
Number of credits: <i>1</i>					
Recommended semester: <i>3rd semester in the 2nd year (full-time)</i>					
Degree of study: <i>I. (bachelor)</i>					
Course prerequisites: <i>none</i>					
Assessment methods: <i>Final score - credit: The student will acquire 100 points for exercise. Active participation in practical exercises 26 practical teaching units (50 points). Acquired character: demonstrate proper game activities play combinations in ice hockey (40 points). Active participation in sports tournaments (10 points). To obtain the user and must be obtained at least 90 points to get user B at least 80 points, the score C for at least 75 points to score at least 65 points D and E score at least 55 points.</i>					
Learning outcomes of the course unit: <i>The student completing the course gaining practical skills game activities and game combinations in hockey. Also gaining theoretical knowledge of the methodology, didactics and tactics hockey. The student reaches higher skill levels, depending on the entry level. Has the opportunity to develop and strengthen the relationship to sports games and healthy lifestyle. Student (the cognitive level) can name and define the concepts and characteristics of the methodology, didactics and tactics hockey define the correct execution of the technique game activities and game combinations; (psychomotor level) can name the basic terminology hockey can showcase and demonstrate individual sporting activities, at a higher level, depending on the input level can demonstrate the proper technique game activities and game combinations in hockey; (the affective area) can realize the importance of health importance of physical activity and sport games can wish to theoretical knowledge and practical skills in the field of sports games.</i>					
Course contents: <i>Diagnosis of current game activities in hockey, differentiation according to current performance. Mastering basic skills in hockey, depending on assignment to groups. Improvement and expansion of basic skills in hockey. Sports Games - Defense gaming activities. Sports -útočné gaming activities. Special warm-up hockey. Practicing defensive game combinations in hockey. Training offensive game combinations in hockey. Participation in the tournament and the tournament organization. Diagnosis of acquired knowledge and skills.</i>					
Recommended of required reading: <i>ARGAJ, G. 2002. Využitie pohybových hier pri nácviku a zdokonaľovaní herných činností v športových hráčoch (1 časť). Športové hry, roč. VII, č. 4, 2002 s.34-37. STARŠÍ, J. 1977. Základy korčuľovania a korčuľarských športov. Bratislava: 1977.</i>					
Language: <i>Slovak</i>					
Remarks: <i>The subject is provided in the winter semester of the second year of full-time study. Compulsory subject.</i>					
Evaluation history <i>Total number of students being evaluated: 219</i>					
A	B	C	D	E	FX
100.0	0.0	0.0	0.0	0.0	0.0
Lecturers: <i>PaedDr. Ľubomír Král, PhD. - assistant instructor</i>					

Last modification: *15.4.2014*

Supervisor: *prof. Ing. Alexej Chovanec, PhD., guarantee of the study program “Vehicles Maintenance and Repair”.*